

# Week 1

<b>Week 1</b> November 2018 to February 2019	Date:	Childs Name:	School:
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<b>Monday</b>	KS1	KS2	Comments
Baked Pork Sausages			
Baked Quorn Sausages (v)			
Pudding: Fruit Jelly			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Tuesday</b>	KS1	KS2	Comments
Roast Turkey & Gravy			
Roast Quorn Fillet & Gravy (v)			
Pudding: Marble Cake			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Wednesday</b>	KS1	KS2	Comments
Beef Burger in a Bun with Tomato Ketchup			
Vegetable Burger in a Bun with Tomato Ketchup (v)			
Pudding: Chocolate Mousse			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Thursday</b>	KS1	KS2	Comments
Pasta Bolognaise			
Vegetarian Pasta Bolognaise (v)			
Pudding: Fruit Yoghurt			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Friday</b>	KS1	KS2	Comments
Breaded Fish Fingers			
Vegetable Nuggets (v)			
Pudding: Fruit Cake			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

### **SPECIAL DIETS**

*We have Special Diet Menus available from your School for Gluten Free and Dairy Free diets, should you require one. To discuss the specific requirements of other medically diagnosed diets please contact your school office. Menu items are subject to change depending on the availability of ingredients.*

*Allergens in dishes can be issued to you on request, please ask at your school office.*



## Week 2

<b>Week 2</b> November 2018 to February 2019	Date:	Childs Name:	School:
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<b>Monday</b>	KS1	KS2	Comments
Mild Chicken Curry			
Vegetable & Chickpea Curry (v)			
Pudding: Fruit Yoghurt			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Tuesday</b>	KS1	KS2	Comments
Roast Pork with Gravy			
Quorn Fillet with Gravy (v)			
Pudding: Chocolate Cake			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Wednesday</b>	KS1	KS2	Comments
Savoury Minced Beef			
Savoury Vegetable Mince (v)			
Pudding: Oaty Apple Crumble & Custard			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Thursday</b>	KS1	KS2	Comments
Savoury Pork Boston Bake & Gravy			
Quorn Sausage (v)			
Pudding: Strawberry Mousse			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Friday</b>	KS1	KS2	Comments
Breaded Fishcake			
Vegetable Burger (v)			
Pudding: Sultana Flapjack			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

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## Week 3

<b>Week 3</b> November 2018 to February 2019	Date:	Childs Name:	School:
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<b>Monday</b>	KS1	KS2	Comments
Pork Meatballs in Tomato Sauce			
Quorn Meatballs in Tomato Sauce (v)			
Pudding: Pineapple Upsidedown Cake & Custard			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Tuesday</b>	KS1	KS2	Comments
Roast Beef & Gravy			
Quorn Fillet & Gravy (v)			
Pudding: Raspberry Mousse			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Wednesday</b>	KS1	KS2	Comments
Hot Dog			
Vegetable Hot Dog (v)			
Pudding: Fruit Yoghurt			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Thursday</b>	KS1	KS2	Comments
Chicken Breast in Gravy			
Vegetable Crumble (v)			
Pudding: Fruit Jelly			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

<b>Friday</b>	KS1	KS2	Comments
Breaded Fish Fingers			
Cheese & Tomato Pizza (v)			
Pudding: Carrot Cake			
Alternative Lunch: Jacket Potato Cheesy Beans & Salad			
Alternative pudding: Fresh Fruit			

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